



Salt Lake County Youth Services Health & Safety-Nutrition

Wellness Policy revision on 2/19/2020

Date: February 19th, 2020

Updates:

Wellness Policy Review: Michelle Brown, our Nutrition Coordinator, attend the meeting to present our Wellness Policy.

Some discussions were:

- Brigitte said she would provide Michelle a list of questions that are asked during a client's intake that pertain to their health and wellness

A. Those questions are being provided to the Michelle for reference.

- Mental health was brought up as being added to the Wellness Policy but it was noted that we have a separate policy for mental health. It was suggested that the Mental Health Policy be referred to in the Wellness Policy and not be part of it

A. We do not have wellness policy but a wellness health assessment that is given to clients during their intake.

Michelle took down some ideas and will incorporate them into the Wellness Policy