


CENTRAL CITY RECREATION CENTER

Group Fitness Schedule

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MORNING	8			Yoga Susan		High Fitness Paige	9
	9					9:10am Yoga Susan	10
	10						11 Zumba Julietta
EVENING	4			4:30pm Tone & Stretch Masuda			12 Yoga Julietta
	5	5:30pm Zumba Dave			5:30pm Zumba Dave		1
	6						
	7		High Fitness Paige				
	8						

DAILY PASS \$4.00
 QUESTIONS?
 (385) 468-1550

2023 SCHEDULE
 CLASSES ARE SUBJECT TO CHANGES OR
 CANCELLATION WITHOUT NOTICE.

12.20.22