

# CENTRAL CITY RECREATION CENTER Group Fitness Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>MORNING</b>	8		Yoga Susan		Yoga Susan	9
	9					10
	10					11 Zumba Julieta
<b>EVENING</b>	4		4:30pm Tone & Stretch Masuda			12 Yoga Julieta
	5					
	6					
	7					
	8					



DAILY PASS \$4.00  
QUESTIONS?  
(385) 468-1550

2023 SCHEDULE  
CLASSES ARE SUBJECT TO CHANGES OR  
CANCELLATION WITHOUT NOTICE.