

Accountability	Diversity	Innovation	Responsibility
Accountability	Efficiency	Integrity	Risk Taking
Achievement	Effectiveness	Intuition	Safety
Adaptability	Empathy	Joy	Security
Adventure	Environment	Justice	Self-discipline
Altruism	Equality	Kindness	Self-expression
Authenticity	Ethics	Knowledge	Self-respect
Autonomy	Excellence	Leadership	Serenity
Balance	Fairness	Learning	Service
Beauty	Faith	Legacy	Simplicity
Belonging	Family	Leisure	Spirituality
Career	Financial Stability	Love	Sportsmanship
Caring	Flexibility	Loyalty	Stewardship
Challenge	Forgiveness	Make a Difference	Strength
Collaboration	Freedom	Nature	Success
Commitment	Friendship	Open-Mindedness	Teamwork
Communication	Fun	Optimism	Thrift
Community	Future Generations	Order	Time
Compassion	Generosity	Patience	Tradition
Competence	Giving Back	Patience	Travel
Competition	Grace	Patriotism	Trust
Confidence	Gratitude	Peace	Truth
Connection	Growth	Perseverance	Understanding
Contentment	Happiness	Personal Fulfillment	Uniqueness
Contribution	Harmony	Power	Usefulness
Cooperation	Health	Power Pride	Variety
Courage	Honesty	Productivity	Vision
Creativity	Hope	Prosperity	Vulnerability
Curiosity	Humility	Quality	Wealth
Decisiveness	Humor	Recognition	Well-being
Dependability	Independence	Reliability	Wholeheartedness
Dignity	Initiative	Resourcefulness	Wisdom
Discipline	Intelligence	Respect	

Your Core Values

What are two or three values that really light the way for me?

What are the specific behaviors that support your values?

What are behaviors that serve as warning that you are out of alignment with your values?

Are there any areas you would like to work on related to your values?