

Call for Presenters!

For all Salt Lake County Senior Centers

We are currently seeking individuals & organizations to lead classes or present on the following topics relevant to aging & older adults:

Fitness & Exercise

Group Fitness
Importance of Senior Fitness
Self Defense
Strength Training
Tai Chi
Yoga
Zumba Gold

Education

Archaeology- emphasis on Utah
Dinosaur discoveries
Art History
Emergency Preparation
History of Funerals
History of Mexican Art
Influence of History on Arts

Recreation, Art, & Music

Ballroom Dance
Beading
Book Binding
Calligraphy
Dance
Mexican Art
Music Education
Music Instructor- Bell Choir
Recycled Art
Soap Making
Sugar and Bath Scrubs
Tap Dancing: Beginning &
Advanced Levels
Wood Carving
Zentangle

Health & Wellness

Bone Health
Brain & Memory Health
Cooking & Baking*
Dementia Education
Foot Health & Care
Healing Arts
Health Classes*
Knee Health
Medication Management
Mental Health
Nutrition
Stress Management

Access to Resources

Grief and Bereavement
How to avoid Senior Scams
How to use public transit
Support group

**proposals in Spanish and Tongan specifically requested for this topic*

Proposal Deadline

Thursday, April 18, 2019

Proposals will not be opened until after the proposal deadline

Submit Proposals to
SeniorCenters@slco.org OR
2001 S. State Street, Suite SI-500
Salt Lake City, UT 84190

Approved presenters will be able to present at a specific Senior Center but may agree to present at any Senior Center throughout the term of the resulting agreement. Frequency of presentations may vary based on demand and space availability.

Visit slco.org/aging for guidelines & application