






The Center Café February 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Alternate
				1 Breaded Fish w/ Tartar Sauce Whole Kernal Corn Spinach/Romaine Salad Whole Wheat Roll Fresh Apple	Chicken Noodle Soup Sliced Turkey Sandwich Cheddar Cheese Lettuce/Tomato/Onion on Wheat Bread
4 Tomato Beef & Rice Bake Scandanavian Vegetables Pineapple Tidbits Butterscotch Pudding	5 Meatloaf w/ Brown Gravy Whipped Potatos Stewed Tomatoes Fresh Seasonal Fruit Birthday Cupcake Chocolate Milk	6 Baked Salmon w/ Tartar Sauce Roasted root Vegetables Steamed Vegetables Wheat Dinner Roll Fresh Orange	7 Sliced Roast Turkey Poultry Gravy Bread Stuffing Green Beans Pears Vanilla Pudding	8 Sailsbury Steak Brown Gravy Mashed Potatoes Calif Vegetables Garden Salad Peach Crisp	Chili w/ Beans Broccoli & Florets Baked Potato Cheese Sauce Mixed Fruit
11 Tomato Beef & Rice Bake Scandinavian Vegetables Pineapple Tidbits Wheat Roll	12 Riblett Patty BBQ Sauce Tator Tots Green Peas Fresh Tangerine Cookies & Cream Fluff	13 Chicken Pot Pie w/ Biscuit Spinach Romaine Salad Fresh Banana	14 Meatloaf w/ Brown Gravy Mashed Potatos Stewed Tomatoes Seasonal Fresh Fruit Valentine's Cupcake	15 Bratwurst Hot Dog Bun Baked Potato Wedges Spiced Apple Slices Bell Peppers & Onions Red White & Blue Cookie	Six Bean Soup Sliced Roast Turkey Sandwich Provolone cheese Lettuce/Tomato/Onion on Wheat Bread
18 Closed for President's Day	19 Beef Pot roast w/ Brown Gravy Roasted Red Potatoes Green Beans Almondine Peaches Mixed Berry Crisp	20 Baked Salmon w/ Dill Sauce Roasted root Vegetables Whole Kernal Corn Wheat Dinner Roll Fresh Orange	21 Meatballs & Spaghetti w/ Marinara Sauce Garden salad Breadsticks Golden Fruit cup	22 Mushroom Turkey Bake Broccoli & Florets Carrots Peach Cobbler	Hamburger Chili Roast Beef Sandwich On Multigrain Bread Cheddar Cheese Lettuce/Tomato/Onion
25 Pork Fajita Bowl Steamed Rice Whole Kernal Corn Black Beans Seasonal Fresh Fruit	26 Chicken Salad Sandwich Lettuce/Tomato Carrot Slaw Fresh Banana Chocolate chip cookie	27 Meatballs w/ Brown Gravy Pasta Broccoli Spinach Romaine Salad Chocolate Pudding	28 Chicken Enchiladas Green Chili Sauce Whole Kernal Corn Fresh Orange Salsa		Vegetable Beef Soup Sliced Roast Turkey Sandwich Provolone cheese Lettuce/Tomato/Onion on Multigrain Bread

All meals served with 1% milk and appropriate condiments