



Join us for a 2-day special celebrating Cinco De Mayo.

On Thursday, May 3rd at 10:30 am, we will have a presentation on the history of Cinco De Mayo from Claudia Benitez .

On Friday, May 4th starting at 11:30 am, we will celebrate with chips and homemade guacamole and daiquiris.

These will be great events that you do not want to miss!

City Creek Center Field Trip  
May 22nd  
10:30 am-1:30 pm



We will be going on a tour at City Creek Center to learn the history of it! Sack lunches will be provided or you can buy lunch at City Creek. The van will leave the senior center at 10:30 am. We will return by 1:30 pm. Sign up required.



Fun T-Shirt & Creamie Day  
May 31st

Wear your favorite t-shirt and snack on a creamie.

Creamies will be passed out at lunch.

Sign up required.

We have new Magna Kennecott "Recycled Teenagers" shirts available for purchase.



## Magna Kennecott Senior Center

Promoting independence through, advocacy, engagement and access to resources

### May 2018

This month we will be celebrating women. Whether you raised children or nurtured them as an Aunt, cousin, or a friend, we want to celebrate you.

Join us for a Mother's lunch on Friday, May 11th at 11:45 am. Then, come back to a "We are Women" day of pampering and relaxation on Tuesday, May 15th from 9:30 am-2:00 pm. Please sign up for both events.

Get more information on the back of this newsletter or at the front desk.

#### Center Information

385-468-3000  
9228 West Magna Main St.  
Magna, UT 84044

#### Center Hours

Monday—Friday  
8:00 am - 5:00 pm

#### Transportation

Monday—Friday  
Suggested donation \$1.00 each way

#### Lunch served

11:45 am - 12:30 pm

Suggested donation for lunch is \$3.00 (60+). Price of \$7.00 for under the age of 60.

#### Center Staff

**Dee Dee Lobato**  
Center Manager  
**Alysha Dairson**  
Center Program Coordinator  
**Bertha Lopez**  
Office Specialist  
**Caramen Aires**  
Custodian  
**Corinne Campbell**  
Kitchen Helper  
**Mike Louderback**  
**Caleen Brown**  
Drivers  
[slco.org/MagnaKennecott](http://slco.org/MagnaKennecott)



Accredited by  
National Institute of Senior Centers

#### WE ARE WOMEN

##### Women's pampering and relaxation Day

Women are mothers, aunts, wives, healers, educators, mentors, and more. We want women to spend a day pampering and centering themselves because they deserve it.

On May 15th, from 9:30 am till 12:00 pm, will be a time to get pampered and relax with other women. At 10:30 am we will hear from Rhonda Busch. Rhonda is from Valley Behavioral Health. Then, from 12:30 pm till 1:30 pm there will be a time to center yourself with relaxing meditation. Lastly, we will wrap the day up with a funny, yet intriguing TED talk and discussion to follow.

Snacks will be provided throughout the day.  
The center has lunch at 11:45 am.

Select from our pampering services and make an appointment by contacting the center before May 10th.

\*\*For Women who are members of the Salt Lake County senior centers\*\*

Pampering and relaxation services provided by Taylor Andrews, Frances Rodgers, and Center of Healing.

##### Karaoke Day

May 8th 10:30 am

Come sing your favorite songs with one of the best DJ's in the Valley, Tony G.

The center will be providing transportation to this event. The van will leave the center at 12:30 pm and return by 4:30 pm. Please sign up by **May 25th**.

## Mother's Day Lunch

The County will provide a nice Mother's day lunch for the women in our community on May 11th. Please sign up for this lunch that will be complimented with music and a gift of appreciation.

Lunch will begin at 11:45 am.

Sign up for the lunch at the front desk by May 2nd.

Magna Kennecott Senior Center  
9228 W 2700 S  
Magna, UT 84106  
385-468-3000



# May 2018

	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;"><b>Shred truck Alert!!</b></p> <p>Bring your personal papers to the center on May 25th to use the Shred Truck.</p> <p>The truck will be at the center from 10:00 am– 1:00 pm.</p> <p>The shred truck is sponsored by Utah Senior Medicare Patrol and the Utah Senior Health Insurance Information Program - Utah Division of Aging and Adult Services</p>	<p style="text-align: center;"><b>1 Birthday Tuesday</b></p> <p>9:00 Bag Ladies 9:30 Tai Chi 10:00 Legal Appointments 10:00 Beginning Spanish <b>10:45 Entertainment: Don Bennion</b> <b>11:00 Dance Flow</b> 12:30 "Playing with Clay" 1:00 Card Crafters 1:30 Ceramics</p>	<p style="text-align: center;"><b>2</b></p> <p>9:00 Minding Motion 9:30 Line Dancing 9:30 Painting with Karen 11:00 EnhanceFitness 12:30 Bingo</p> <div style="background-color: #f08080; border-radius: 15px; padding: 10px; text-align: center; margin: 10px auto; width: 80%;"> <p>Sign up for our Memorial Day Lunch by May 16th.</p> </div>	<p style="text-align: center;"><b>3</b></p> <p>9:30 Tai Chi 10:00 Family History 10:00 Beginning Spanish <b>10:30 Cinco De Mayo Presentation</b> 10:45 Vital Aging Project 11:00 Advanced Spanish Club 11:00 Dance Flow 12:30 "Playing with Clay" 12:45 Hatha Yoga 1:00 Leather Craft 1:00 Root's Magic genealogy</p>	<p style="text-align: center;"><b>4 Get your Cinco De Mayo treats today!</b></p> <p>9:30 Line Dancing 10:00 Hair Cuts 10:30 Chair Massage with Craig 11:00 EnhanceFitness 12:30 Bingo 1:00 Blood Pressure Checks Hosted by Firefighters 2:30 Movie &amp; Popcorn <b>Movie Jumanji: Welcome to the Jungle</b></p>
<p>9:00 Hearing Aids Cleaning 9:00 Beginning Line Dancing 9:30 Line Dancing 11:00 EnhanceFitness 12:00 Hatha Yoga 1:00 RestorativeYoga</p> <div style="background-color: #f08080; border-radius: 15px; padding: 10px; text-align: center; margin: 10px auto; width: 80%;"> <p>Field Trip to City Creek is on May 21st. Sign up for a ride down and lunch options, if you are interested.</p> </div>	<p style="text-align: center;"><b>8</b></p> <p>9:00 Bag Ladies 9:30 Tai Chi <del>10:00 Beginning Spanish</del> <b>10:30 Karaoke with Tony G</b> 11:00 Minding Motion 12:30 "Playing with Clay" 1:00 Card Crafters 1:30 Ceramics</p>	<p style="text-align: center;"><b>9</b></p> <p>9:30 Line Dancing 9:30 Painting with Karen 11:00 EnhanceFitness 12:30 Bingo</p> <div style="background-color: #f08080; border-radius: 15px; padding: 10px; text-align: center; margin: 10px auto; width: 80%;"> <p>"Beer and Brats" Men's Day is on June 8th. Sign up to make sure you secure your spot for a Brat, horseshoes, cards, and more.</p> </div>	<p style="text-align: center;"><b>10</b></p> <p>9:30 Tai Chi 10:00 Family History <del>10:00 Beginning Spanish</del> <b>10:30 Yellow Dot presentation</b> 11:00 Advanced Spanish Club 11:00 Dance Flow 12:30 "Playing with Clay" 12:45 Hatha Yoga 1:00 Leather Craft 1:00 Root's Magic genealogy</p>	<p style="text-align: center;"><b>11</b></p> <p>9:30 Line Dancing 10:00 Hair Cuts 10:30 Food Sense Cooking Class 10:30 Chair massage by Craig 11:00 EnhanceFitness <b>11:45 Mother's Day Lunch</b> 12:30 Bingo 1:00 Blood Pressure Checks Hosted by Firefighters 2:30 Movie &amp; Popcorn <b>Movie Star Wars: The Last Jedi</b></p>
<p style="text-align: center;"><b>14</b></p> <p>9:00 Beginning Line Dancing 9:30 Line Dancing 10:45 Book Club: 11:00 EnhanceFitness 12:00 Hatha Yoga 12:00 Eldorado DUP 1:00 Restorative Yoga 1:00 Oquirrh DUP</p> <div style="background-color: #f08080; border-radius: 15px; padding: 10px; text-align: center; margin: 10px auto; width: 80%;"> <p>National Health and Fitness Day at the Viridian Center on May 30th 1:00 pm-4:00 pm. Sign up if you would like transportation to the event.</p> </div>	<p style="text-align: center;"><b>15 Women's Day Celebration</b></p> <p>9:00 Bag Ladies 9:30 Tai Chi 10:00 Beginning Spanish 11:00 Minding Motion <del>12:30 "Playing with Clay"</del> 1:00 Card Crafters 1:30 Ceramics</p>	<p style="text-align: center;"><b>16</b></p> <p>9:30 Line Dancing 9:30 Painting with Karen <b>9:30 Pancake Breakfast</b> <b>10:30 Sunshine Generation of West Valley Piano Recital</b> 11:00 EnhanceFitness 12:30 Bingo 1:00 Pleasant Green DUP</p>	<p style="text-align: center;"><b>17</b></p> <p>9:30 Tai Chi 10:00 Family History 10:00 Beginning Spanish 11:00 Advanced Spanish Club 11:00 Dance Flow <del>12:30 "Playing with Clay"</del> 12:45 Hatha Yoga 1:00 Leather Craft 3:00 Utah Food Bank</p>	<p style="text-align: center;"><b>18</b></p> <p>9:30 Line Dancing 10:00 Hair Cuts 10:30 Chair Massage with Craig 11:00 EnhanceFitness 12:30 Bingo 1:00 Blood Pressure Checks Hosted by Firefighters 2:30 Movie &amp; Popcorn  <b>Movie Jane Eyre</b></p>
<p style="text-align: center;"><b>21</b></p> <p>9:00 Beginning Line Dancing 9:30 Line Dancing 11:00 EnhanceFitness 12:00 Hatha Yoga 1:00 RestorativeYoga</p>	<p style="text-align: center;"><b>22</b></p> <p>9:00 Bag Ladies 9:30 Tai Chi 10:00 Beginning Spanish <b>10:30 Field Trip to City Creek</b> 11:00 Minding Motion 12:30 "Playing with Clay" 1:00 Card Crafters 1:30 Ceramics</p>	<p style="text-align: center;"><b>23</b></p> <p>9:30 Line Dancing 9:30 Painting with Karen 11:00 EnhanceFitness 12:30 Bingo <b>1:00 Soap making</b></p> <div style="background-color: #f08080; border-radius: 15px; padding: 10px; text-align: center; margin: 10px auto; width: 80%;"> <p>Father's Day Luncheon is on June 15th! Fathers, Uncles, mentors sign up for this day by June 6th.</p> </div>	<p style="text-align: center;"><b>24</b></p> <p>9:30 Tai Chi 10:00 Family History 10:00 Beginning Spanish 11:00 Advanced Spanish Club 11:00 Dance Flow 12:30 "Playing with Clay" 12:45 Hatha Yoga 1:00 Leather Craft</p>	<p style="text-align: center;"><b>25 Memorial Day Lunch</b></p> <p>9:30 Line Dancing 10:00 Hair Cuts <b>10:00 Shred Truck</b> 10:30 Chair Massage with Craig 11:00 EnhanceFitness 12:30 Bingo 1:00 Blood Pressure Checks Hosted by Firefighters 2:30 Movie &amp; Popcorn  <b>Movie Sister Act</b></p>
<p style="text-align: center;"><b>28</b></p> <p style="text-align: center;"><b>CENTER CLOSED</b></p> 	<p style="text-align: center;"><b>29</b></p> <p>9:00 Bag Ladies 9:30 Tai Chi 10:00 Beginning Spanish 11:00 Minding Motion 12:30 "Playing with Clay" 1:00 Card Crafters 1:30 Ceramics</p>	<p style="text-align: center;"><b>30</b></p> <p>9:30 Line Dancing 9:30 Painting with Karen 11:00 EnhanceFitness 12:30 Bingo <b>1:00 National Health and Fitness Day at the Viridian Center</b></p> <div style="background-color: #f08080; border-radius: 15px; padding: 10px; text-align: center; margin: 10px auto; width: 80%;"> <p>Pasta Dinner Night June 19th from 6:00 pm-8:00 pm Call the Center for more details.</p> </div>	<p style="text-align: center;"><b>31 Fun T-shirt and Creamie Day</b></p> <p>9:30 Tai Chi 10:00 Family History 10:00 Beginning Spanish 11:00 Advanced Spanish Club 11:00 Dance Flow 12:30 "Playing with Clay" 12:45 Hatha Yoga 1:00 Leather Craft</p>	<p style="text-align: center;"><b>Memorial Corner</b></p> <p style="text-align: center;">Bring you photos, letters, uniforms, etc. of those you would like to remember by May 16th.</p> <p style="text-align: center;">We would like to honor those who have passed by telling their stories visually.</p> <p style="text-align: center;">See Alyssha for more information</p>