

Paint and Sip
 Theme: Harvest
 Thursday, October 25th
 5:30 pm-8:00 pm
 Cost: \$10
 Come ready to have fun with your friends or have a date night! Painting supplies and refreshments will be provided.
 Sign up at the front desk.



Senior Wellness Expo October 4th and 5th
Free Admission
9:00 am-7:00 pm
Mountain America Expo Center
9575 S State Street, Sandy Utah
 Things to find at the Expo:


- Car show
- Pickle Ball
- Facebook/Instagram training
- Massage Station
- Various Health Screenings and more!!

A van will be going to the Expo on Friday, October 5th from our center. Sign up for a seat if you would like to go. We will leave the center around 10:00 am and return to the center by 2:00 pm. Lunch will not be provided.

AARP Drivers Safety Course
Wednesday, October 24th at 10:00 am-3:00 pm
 You will learn:

- Defensive driving techniques
- Proven safety strategies
- New traffic law-rules of the road


The class will be in Classrooms 110-111.
 Classroom fee:
 \$15 for AARP members/\$20 for non-members. You will pay the instructor. Sign up for this class is required.



Center Closing Early
 We will be closing the center at 12:30 pm on **Tuesday, October 2nd**. Lunch will be served at 11:30 am that day.

Free Health Screenings
Westminster Nursing Students
Thursday, October 11th from 9:30 am-12:00 pm
 Screenings include:

- Peripheral Vascular Disease (PVD)
- Balance and Vision
- Blood Pressure/Blood
- Glucose screenings and tests.



Sign up at the front desk!

Thanksgiving Meal and Fall Boutique
November 13th
Boutique is from 9:00 am-1:00 pm; Lunch at 11:45 am
 Its time to give thanks! We are excited to have our Thanksgiving meal and Fall Boutique again this year.
 If you would like to have a boutique table, please contact the center for more information. Sign up for the meal **by November 6th**.

Octoberfest Dance
October 13th
6:00 pm-9:00 pm
 Cost: \$10
 Menu: Sausages, Sauerkraut, Potato Salad, Pretzels, Apple Strudel, Chocolate Cake, beverages



Blankets for Vets
 The Bag Ladies have joined forces with Humana to make 110 tie fleece blankets for the veterans at the VA Hospital. If you would like to volunteer to help tie some fleece blankets, meet the ladies on Tuesdays at 9:00 am.
 If you have any questions, please call the center and speak to Alyssa.


Harvest Fest Fundraiser
October 23rd 5:30 pm-7:30 pm
 Come have chili, play some games and raise funds during our last fundraiser of 2018! The menu is:


- Chili
- Cornbread
- Cider
- Cookie

Join us for a fun time!




Center Information
 385-468-3000
 9228 West Magna Main St.
 Magna, UT 84044
Center Hours
 Monday—Friday
 8:00 am - 5:00 pm
Transportation
 Monday—Friday
 Suggested donation \$1.00 each way
Lunch served
11:45 am - 12:30 pm
 Suggested donation for lunch is \$3.00 (60+). Price of \$7.00 for under the age of 60.
Center Staff
Dee Dee Lobato
 Center Manager
Alyssa Dairsow
 Center Program Coordinator
Bertha Lopez
 Office Specialist
Caramen Aires
 Custodian
Corinne Campbell
 Kitchen Helper
Caleen Brown
Becci Saxton
 Drivers
slco.org/MagnaKennecott



Accredited by  National Institute of Senior Centers

Magna Kennecott Senior Center
 Promoting independence through, advocacy, engagement and access to resources

October 2018

Candidate Day
Tuesday, October 9th
starting at 10:00 am
Come hear from those running for local office.

Then stay for our Special Lunch at 11:45 am. The menu for the day is:

- **Manicotti with meat sauce**
- **Green Beans Almandine**
 - Caesar Salad
 - Fresh Fruit Salad
 - Carrot Cake with Cream Cheese Frosting

We will also be celebrating October birthdays on that day!
Sign up for lunch soon!

October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>9:00 Hearing Aid Cleaning 9:00 Beginning Line Dancing 9:30 Line Dancing 11:00 EnhanceFitness 12:00 Hatha Yoga 1:00 Restorative Yoga</p> 	<p>2</p> <p>9:00 Bag Ladies 9:30 Tai Chi 9:30 Beginner Conversational Spanish I 10:00 Legal Appointments 10:45 Beginner Conversational Spanish 2 11:00 Dance Flow 11:30 Lunch 1:30 Ceramics CANCELLED Center closes at 12:30 pm</p>	<p>3</p> <p>8:30 Piano Lessons (class full) 9:00 Minding Motion 9:30 Line Dancing 9:30 Painting with Karen 10:00 Legal Appts. 10:00 Pottery with Kathleen (class full) 10:45 Yellow Dot Driving Course 11:00 EnhanceFitness 12:30 Bingo 1:00 Pottery with Kathleen (class full)</p>	<p>4</p> <p>8:30 Piano Lessons (class full) 9:30 Tai Chi 9:30 Beginner Conversational Spanish I 9:45 Fall Shopping trip 10:00 Family History 10:00 Advanced Spanish Club 10:45 Beginner Conversational Spanish 2 10:45 Vital Aging 11:00 Dance Flow 12:45 Hatha Yoga</p>	<p>5</p> <p>9:30 Line Dancing 10:00 Hair Cuts 10:30 Chair Massage with Craig 11:00 EnhanceFitness 12:30 Bingo 1:00 Blood Pressure Checks Hosted by Firefighters 2:30 Movie & Popcorn Avengers: Infinity War</p>
<p>8</p> <p>9:00 Beginning Line Dancing 9:30 Line Dancing 10:45 Book Club: "The Race" by Clive Cussler 11:00 EnhanceFitness 12:00 Hatha Yoga 12:00 Eldorado DUP Meeting 1:00 Oquirrh DUP Meeting 1:00 Restorative Yoga</p>	<p>9</p> <p>Birthday Tuesday 9:00 Bag Ladies 9:30 Tai Chi 9:30 Beginner Conversational Spanish I 10:00 Candidate Day 10:45 Beginner Conversational Spanish 2 11:00 Dance Flow 11:45 Special Event Meal 11:45 Entertainment 1:30 Ceramics</p>	<p>10</p> <p>8:30 Piano Lessons (class full) 9:00 Minding Motion 9:30 Line Dancing 9:30 Painting with Karen 10:00 Pottery with Kathleen (class full) 11:00 EnhanceFitness 12:30 Bingo 1:00 Pottery with Kathleen (class full)</p>	<p>11</p> <p>8:30 Piano Lessons 9:30 Tai Chi 9:30 Beginner Conversational Spanish I 9:30 Health Screenings 10:00 Family History 10:00 Advanced Spanish Club 10:45 Beginner Conversational Spanish 2 11:00 Dance Flow 12:45 Hatha Yoga 12:45 Greenland Presentation 3:00 UT Food Bank</p>	<p>12</p> <p>9:30 Line Dancing 10:00 Hair Cuts 10:30 Chair Massage with Craig 10:30 Food Sense Cooking Class 11:00 EnhanceFitness 12:30 Bingo 1:00 Blood Pressure Checks Hosted by Firefighters 2:30 Movie & Popcorn Bewitched </p>
<p>15</p> <p>9:00 Beginning Line Dancing 9:30 Line Dancing 11:00 EnhanceFitness 12:00 Hatha Yoga 1:00 Restorative Yoga</p>	<p>16</p> <p>9:00 Bag Ladies 9:30 Tai Chi 9:30 Beginner Conversational Spanish I 10:45 Beginner Conversational Spanish 2 11:00 Dance Flow 1:30 Ceramics</p>	<p>17</p> <p>8:30 Piano Lessons (class full) 9:00 Minding Motion 9:30 Line Dancing 9:30 Painting with Karen 10:00 Pottery with Kathleen (class full) 11:00 EnhanceFitness 12:30 Bingo 1:00 Pottery with Kathleen (class full)</p>	<p>18</p> <p>8:30 Piano Lessons (class full) 9:30 Tai Chi 9:30 Beginner Conversational Spanish I 10:00 Family History 10:00 Advanced Spanish Club 10:45 Beginner Conversational Spanish 2 11:00 Dance Flow 12:45 Hatha Yoga</p>	<p>19</p> <p>9:30 Line Dancing 10:00 Hair Cuts 10:30 Chair Massage with Craig 11:00 EnhanceFitness 12:30 Bingo 1:00 Blood Pressure Checks Hosted by Firefighters 1:00 Soap Making 2:00 Movie and Popcorn Arsenic and Old Lace (with Cary Grant)</p>
<p>22</p> <p>9:00 Beginning Line Dancing 9:30 Line Dancing 11:00 EnhanceFitness 12:00 Hatha Yoga 1:00 Restorative Yoga</p>	<p>23</p> <p>9:00 Bag Ladies 9:30 Tai Chi 9:30 Beginner Conversational Spanish I 10:45 Beginner Conversational Spanish 2 11:00 Dance Flow 1:30 Ceramics 5:30 Harvest Fest Fundraiser</p>	<p>24</p> <p>8:30 Piano Lessons (class full) 9:00 Minding Motion 9:30 Line Dancing 9:30 Painting with Karen 10:00 AARP Driving Course 10:00 Pottery with Kathleen (class full) 11:00 EnhanceFitness 12:30 Bingo 1:00 Pottery with Kathleen (class full)</p>	<p>25</p> <p>8:30 Piano Lessons (class full) 9:30 Tai Chi 9:30 Beginner Conversational Spanish I 10:00 Family History 10:00 Advanced Spanish Club 10:45 Beginner Conversational Spanish 2 11:00 Dance Flow 12:45 Hatha Yoga 5:30 Paint and Sip: Harvest</p>	<p>26</p> <p>9:30 Line Dancing 10:00 Hair Cuts 10:30 Chair Massage with Craig 10:30 Intergenerational Halloween Party 11:00 EnhanceFitness 12:30 Bingo 1:00 Blood Pressure Checks Hosted by Firefighters 3:00 Movie & Popcorn Haunted Mansion (Disney)</p>
<p>29</p> <p>9:00 Beginning Line Dancing 9:30 Line Dancing 11:00 EnhanceFitness 12:00 Hatha Yoga 1:00 Restorative Yoga</p>	<p>30</p> <p>9:00 Bag Ladies 9:30 Tai Chi 9:30 Beginner Conversational Spanish I 10:45 Beginner Conversational Spanish 2 11:00 Dance Flow 1:30 Ceramics</p>	<p>31</p> <p>8:30 Piano Lessons (class full) 9:00 Minding Motion 9:30 Line Dancing 9:30 Painting with Karen 10:00 Halloween Party 10:00 Pottery with Kathleen (class full) 11:00 EnhanceFitness 12:30 Bingo 1:00 Pottery with Kathleen</p>	<p>Halloween Party Days Intergenerational Party is October 26th at 10:30 am Senior Party October 31st starting at 10:00 am Party Halloween Bingo Halloween Movie: The Quiet Place</p> 	<p>Don't be Caught off guard! Medicare Open Enrollment starts Oct. 15th to Dec. 7th. If you have any questions about the enrollment, please call Salt Lake County's Medicare Specialist at 385-468-3287</p>