Midvale Late Afternoon/Evening Schedule

July 2017 4:00 p.m.—8:00 p.m.

Tuesday	Thursday
4 **CENTER CLOSED**	**6** 2:45—5:45 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 6:30—7:00 (CC) Yoga **(CANCELLED)** 7:00—8:00 Drums Alive (Dining Room) CANCELLED
11 2:00—6:20 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 6:00—7:00 Zumba Gold w/Micheal (Dining Room) 6:00—7:00 Line Dancing (Art Studio) 6:30—7:30 (CC) Yoga **(CANCELLED)** 7:00—8:00 Drums Alive (Dining Room) CANCELLED	**13** 2:45—5:45 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 6:30—7:30 (CC) Yoga **(CANCELLED)** 6:30—9 Lifting Hearts Support Group **(CANCELLED)** 7:00—8:00 Drums Alive (Dining Room) CANCELLED
18 2:00—6:20 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 6:00—7:00 Zumba Gold w/Micheal (Dining Room) 6:00—7:00 Line Dancing (Art Studio) 6:30—7:30 (CC) Yoga **(CANCELLED)** 7:00—8:00 Drums Alive (Dining Room) CANCELLED	**20** 2:45—5:45 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 6:30—7:30 (CC) Yoga **(CANCELLED)** 7:00—8:00 Drums Alive (Dining Room) CANCELLED
25 2:00—6:20 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 6:00—7:00 Line Dancing (Art Studio) 6:00—7:00 Zumba Gold w/Micheal (Dining Room) 6:30—7:30 (CC) Yoga (Group Exercise Room) 7:00—8:00 Drums Alive (Dining Room) CANCELLED	**27** 2:45—5:45 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 6:00—7:00 (CC) Yoga 7:00—8:00 Drums Alive (Dining Room) CANCELLED
	(CC) stands for Community Classes. To enroll please visit **www.canyondistrict.org** or call **801-826-6689** for more information. ***There is a fee for each community class.