

# Midvale Late Afternoon/Evening Schedule

4:00 p.m.—8:00 p.m.

February 2018 | Staff: Janet Rose

Tuesday	Thursday
	<p><b>1</b>                      2:45—5:45 Indoor Pickle Ball (Group Exercise Room)                      4:00—7:45 Gym (60 &amp; Older Only)                      4:00—7:45 Billiards                      6:00—7:00 (CC) Drums Alive (Dining Room)                      7:00—8:00 (CC) Tai Chi                      7:00—8:00 Drums Alive (Dining Room)</p>
<p><b>6</b>                      2:00—6:20 Indoor Pickle Ball (Group Exercise Room)                      4:00—7:45 Gym (60 &amp; Older Only)                      4:00—7:45 Billiards                      5:00—6:00 (CC) Adult Art Beginners (Art Studio)                      6:30—7:30 (CC) Yoga (Group Exercise Room)                      7:00—8:00 (CC) Adult Art Intermediate (Art Studio)                      7:00—8:00 Drums Alive (Dining Room)</p>	<p><b>8</b>                      2:45—5:45 Indoor Pickle Ball (Group Exercise Room)                      4:00—7:45 Gym (60 &amp; Older Only)                      4:00—7:45 Billiards                      6:00—7:00 (CC) Drums Alive (Dining Room)                      7:00—8:00 (CC) Tai Chi                      7:00—8:00 Drums Alive (Dining Room)</p>
<p><b>13</b>                      2:00—6:20 Indoor Pickle Ball (Group Exercise Room)                      4:00—7:45 Gym (60 &amp; Older Only)                      4:00—7:45 Billiards                      5:00—6:00 (CC) Adult Art Beginners (Art Studio)                      6:30—7:30 (CC) Yoga (Group Exercise Room)                      7:00—8:00 (CC) Adult Art Intermediate (Art Studio)                      7:00—8:00 Drums Alive (Dining Room)</p>	<p><b>15</b>                      2:45—5:45 Indoor Pickle Ball (Group Exercise Room)                      4:00—7:45 Gym (60 &amp; Older Only)                      4:00—7:45 Billiards                      6:00—7:00 (CC) Drums Alive (Dining Room)                      7:00—8:00 (CC) Tai Chi                      7:00—8:00 Drums Alive (Dining Room)</p>
<p><b>20</b>                      2:00—6:20 Indoor Pickle Ball (Group Exercise Room)                      4:00—7:45 Gym (60 &amp; Older Only)                      4:00—7:45 Billiards                      5:00—6:00 (CC) Adult Art Beginners (Art Studio)                      6:30—7:30 (CC) Yoga (Group Exercise Room)                      7:00—8:00 (CC) Adult Art Intermediate (Art Studio)                      7:00—8:00 Drums Alive (Dining Room)</p>	<p><b>22</b>                      2:45—5:45 Indoor Pickle Ball (Group Exercise Room)                      4:00—7:45 Gym (60 &amp; Older Only)                      4:00—7:45 Billiards                      6:00—7:00 (CC) Drums Alive (Dining Room)                      7:00—8:00 (CC) Tai Chi                      7:00—8:00 Drums Alive (Dining Room)</p>
<p><b>27</b>                      2:00—6:20 Indoor Pickle Ball (Group Exercise Room)                      4:00—7:45 Gym (60 &amp; Older Only)                      4:00—7:45 Billiards                      5:00—6:00 (CC) Adult Art Beginners (Art Studio)                      6:30—7:30 (CC) Yoga (Group Exercise Room)                      7:00—8:00 (CC) Adult Art Intermediate (Art Studio)                      7:00—8:00 Drums Alive (Dining Room)</p>	<p>*** (CC) stands for Community Classes.                      To enroll please visit <a href="http://www.canyondistrict.org">www.canyondistrict.org</a>                      or call <b>801-826-6689</b> for more information.  <i>There is a fee for each community class.</i></p>