

# Midvale Late Afternoon/Evening Schedule

October 2017 4:00 p.m.—8:00 p.m.

Tuesday	Thursday
<p><b>3</b>                      2:00—6:20 Indoor Pickle Ball (Group Exercise Room)                      4:00—7:45 Gym (60 &amp; Older Only)                      4:00—7:45 Billiards                      6:00—7:00 Line Dancing (Art Studio)                      6:00—7:30 Happy Class                      6:00—7:00 Zumba Gold w/Micheal (Dining Room) <b>CANCELLED</b>                      6:00—8:00 (CC) Beginning Italian (Classroom 2)                      6:30—7:30 (CC) Yoga (Group Exercise Room)                      7:00—8:00 (CC) Adult Painting (Art Studio)                      7:00—8:00 Drums Alive (Dining Room)</p>	<p><b>5</b>                      2:45—5:45 Indoor Pickle Ball (Group Exercise Room)                      4:00—7:45 Gym (60 &amp; Older Only)                      4:00—7:45 Billiards                      6:00—7:00 (CC) Yoga                      7:00—8:00 (CC) Tia Chi Ages 16+ (Group Exercise Room)                      7:00—8:00 Drums Alive (Dining Room)</p>
<p><b>10</b>                      2:00—6:20 Indoor Pickle Ball (Group Exercise Room)                      4:00—7:45 Gym (60 &amp; Older Only)                      4:00—7:45 Billiards                      6:00—7:00 Line Dancing (Art Studio)                      6:00—7:30 Happy Class                      6:00—7:00 Zumba Gold w/Micheal (Dining Room) <b>CANCELLED</b>                      6:00—8:00 (CC) Beginning Italian (Classroom 2)                      6:30—7:30 (CC) Yoga (Group Exercise Room)                      7:00—8:00 (CC) Adult Painting (Art Studio)                      7:00—8:00 Drums Alive (Dining Room)</p>	<p><b>12</b>                      2:45—5:45 Indoor Pickle Ball (Group Exercise Room)                      4:00—7:45 Gym (60 &amp; Older Only)                      4:00—7:45 Billiards                      6:00—7:00 (CC) Yoga                      7:00—8:00 (CC) Tia Chi Ages 16+ (Group Exercise Room)                      7:00—8:00 Drums Alive (Dining Room)</p>
<p><b>17</b>                      2:00—6:20 Indoor Pickle Ball (Group Exercise Room)                      4:00—7:45 Gym (60 &amp; Older Only)                      4:00—7:45 Billiards                      6:00—7:00 Line Dancing (Art Studio)                      6:00—7:30 Happy Class                      6:00—7:00 Zumba Gold w/Micheal (Dining Room)                      6:00—8:00 (CC) Beginning Italian (Classroom 2)                      6:30—7:30 (CC) Yoga (Group Exercise Room)                      7:00—8:00 (CC) Adult Painting (Art Studio)                      7:00—8:00 Drums Alive (Dining Room)</p>	<p><b>19</b>                      2:45—5:45 Indoor Pickle Ball (Group Exercise Room)                      4:00—7:45 Gym (60 &amp; Older Only)                      4:00—7:45 Billiards                      6:00—7:00 (CC) Yoga                      7:00—8:00 (CC) Tia Chi Ages 16+ (Group Exercise Room)                      7:00—8:00 Drums Alive (Dining Room)</p>
<p><b>24</b>                      2:00—6:20 Indoor Pickle Ball (Group Exercise Room)                      4:00—7:45 Gym (60 &amp; Older Only)                      4:00—7:45 Billiards                      6:00—7:00 Line Dancing (Art Studio)                      6:00—7:30 Happy Class                      6:00—7:00 Zumba Gold w/Micheal (Dining Room)                      6:00—8:00 (CC) Beginning Italian (Classroom 2)                      6:30—7:30 (CC) Yoga (Group Exercise Room)                      7:00—8:00 (CC) Adult Painting (Art Studio)                      7:00—8:00 Drums Alive (Dining Room)</p>	<p><b>26</b>                      2:45—5:45 Indoor Pickle Ball (Group Exercise Room)                      4:00—7:45 Gym (60 &amp; Older Only)                      4:00—7:45 Billiards                      6:00—7:00 (CC) Yoga                      7:00—8:00 (CC) Tia Chi Ages 16+ (Group Exercise Room)                      7:00—8:00 Drums Alive (Dining Room)</p>
<p><b>31</b>                      2:00—6:20 Indoor Pickle Ball (Group Exercise Room)                      4:00—7:45 Gym (60 &amp; Older Only)                      4:00—7:45 Billiards                      6:00—7:00 Line Dancing (Art Studio)                      6:00—7:30 Happy Class                      6:00—7:00 Zumba Gold w/Micheal (Dining Room)                      6:00—8:00 (CC) Beginning Italian (Classroom 2)                      6:30—7:30 (CC) Yoga (Group Exercise Room)                      7:00—8:00 (CC) Adult Painting (Art Studio)                      7:00—8:00 Drums Alive (Dining Room)</p>	<p>*** (CC) stands for Community Classes.                      To enroll please visit <a href="http://www.canyondistrict.org">www.canyondistrict.org</a>                      or call <b>801-826-6689</b> for more information.    <i><b>There is a fee for each community class.</b></i></p>