

Midvale Late Afternoon/Evening Schedule

May 2017 4:00 p.m.—8:00 p.m.

Tuesday	Thursday
<p>2 2:00—6:20 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 6:00—7:00 Zumba Gold w/Micheal (Dining Room) 6:00—7:00 Line Dancing (Art Studio) 6:00—7:30 Computer Class (Classroom 2) 6:00—8:00 (CC) Beginning Spanish (Classroom 3) 7:00—8:00 (CC) Fiction Writing (Classroom 1) 7:00—8:00 (CC) Qigong (Art Studio) 7:00—8:00 Drums Alive (Dining Room)</p>	<p>4 2:45—5:45 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 6:00—7:00 Zumba Gold w/Becky (Group Exercise) 6:00—7:00 (CC) Yoga 6:00—8:00 (CC) Intermediate Spanish (Classroom 1) 6:30—7:30 (CC) Dutch Oven (Dinning Room/Patio) 7:00—8:00 Drums Alive (Dining Room)</p>
<p>9 2:00—6:20 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 6:00—7:00 Zumba Gold w/Micheal (Dining Room) 6:00—7:00 Line Dancing (Art Studio) 6:00—7:30 Computer Class (Classroom 2) 6:00—8:00 (CC) Beginning Spanish (Classroom 3) 7:00—8:00 (CC) Fiction Writing (Classroom 1) 7:00—8:00 (CC) Qigong (Art Studio) 7:00—8:00 Drums Alive (Dining Room)</p>	<p>11 2:45—5:45 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 6:00—7:00 Zumba Gold w/Becky (Group Exercise) 6:30—9 Lifting Hearts Support Group (Classroom 2) 6:00—7:00 (CC) Yoga 6:00—8:00 (CC) Intermediate Spanish (Classroom 1) 6:30—7:30 (CC) Dutch Oven (Dinning Room/Patio) 7:00—8:00 Drums Alive (Dining Room)</p>
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<p>23 2:00—6:20 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 6:00—7:00 Line Dancing (Art Studio) 6:00—7:30 Computer Class (Classroom 2) 6:00—7:00 Zumba Gold w/Micheal (Dining Room) 7:00—8:00 Drums Alive (Dining Room)</p>	<p>25 2:45—5:45 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 6:00—7:00 Zumba Gold w/Becky (Group Exercise) 7:00—8:00 Drums Alive (Dining Room)</p>
<p>30 2:00—6:20 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 6:00—7:00 Line Dancing (Art Studio) 6:00—7:30 Computer Class (Classroom 2) 6:00—7:00 Zumba Gold w/Micheal (Dining Room) 7:00—8:00 Drums Alive (Dining Room)</p>	<p>*** (CC) stands for Community Classes. To enroll please visit www.canyondistrict.org or call 801-826-6689 for more information. <i>There is a fee for each community class.</i></p>