

# Midvale Late Afternoon/Evening Schedule

4:00 p.m.—8:00 p.m.

December 2017 | Staff: Janet Rose

Tuesday	Thursday
<p>*** (CC) stands for Community Classes.            To enroll please visit <a href="http://www.canyondistrict.org">www.canyondistrict.org</a>            or call <b>801-826-6689</b> for more information.  <i>There is a fee for each community class.</i></p>	
<p><b>5</b>            2:00—6:20 Indoor Pickle Ball (Group Exercise Room)            4:00—7:45 Gym (60 &amp; Older Only)            4:00—7:45 Billiards            6:00—7:30 Happy Class            6:00—7:00 Zumba Gold w/Micheal (Dining Room)            6:00—8:00 (CC) Beginning Italian (Classroom 2)            6:30—7:30 (CC) Yoga (Group Exercise Room)            7:00—8:00 (CC) Adult Painting (Art Studio)            7:00—8:00 Drums Alive (Dining Room)</p>	<p><b>7</b>            2:45—5:45 Indoor Pickle Ball (Group Exercise Room)            4:00—7:45 Gym (60 &amp; Older Only)            4:00—7:45 Billiards            7:00—8:00 (CC) Tia Chi Ages 16+ (Group Exercise Room)            7:00—8:00 Drums Alive (Dining Room)</p>
<p><b>12</b>            2:00—6:20 Indoor Pickle Ball (Group Exercise Room)            4:00—7:45 Gym (60 &amp; Older Only)            4:00—7:45 Billiards            6:00—7:30 Happy Class            6:00—7:00 Zumba Gold w/Micheal (Dining Room)            6:30—7:30 (CC) Yoga (Group Exercise Room)            7:00—8:00 (CC) Adult Painting (Art Studio)            7:00—8:00 Drums Alive (Dining Room)</p>	<p><b>14</b>            2:45—5:45 Indoor Pickle Ball (Group Exercise Room)            4:00—7:45 Gym (60 &amp; Older Only)            4:00—7:45 Billiards            7:00—8:00 Drums Alive (Dining Room)</p>
<p><b>19</b>            2:00—6:20 Indoor Pickle Ball (Group Exercise Room)            4:00—7:45 Gym (60 &amp; Older Only)            4:00—7:45 Billiards            6:00—7:30 Happy Class            6:00—7:00 Zumba Gold w/Micheal (Dining Room)            6:30—7:30 (CC) Yoga (Group Exercise Room)            7:00—8:00 Drums Alive (Dining Room)</p>	<p><b>21</b>            2:45—5:45 Indoor Pickle Ball (Group Exercise Room)            4:00—7:45 Gym (60 &amp; Older Only)            4:00—7:45 Billiards            7:00—8:00 Drums Alive (Dining Room)</p>
<p><b>26</b>            2:00—6:20 Indoor Pickle Ball (Group Exercise Room)            4:00—7:45 Gym (60 &amp; Older Only)            4:00—7:45 Billiards            6:00—7:30 Happy Class            6:00—7:00 Zumba Gold w/Micheal (Dining Room)            6:30—7:30 (CC) Yoga (Group Exercise Room)            7:00—8:00 Drums Alive (Dining Room)</p>	<p><b>28</b>            2:45—5:45 Indoor Pickle Ball (Group Exercise Room)            4:00—7:45 Gym (60 &amp; Older Only)            4:00—7:45 Billiards            7:00—8:00 Drums Alive (Dining Room)</p>