

Midvale Late Afternoon/Evening Schedule

4:00 p.m.—8:00 p.m.

June 2018 | Staff: Janet Rose

Tuesday	Thursday
<p>5 2:00—6:20 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 7:00—8:00 Drums Alive (Dining Room)</p>	<p>7 2:45—5:45 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 6:00—7:00 (CC) Drums Alive (Dining Room) 7:00—8:00 Drums Alive (Dining Room)</p>
<p>12 2:00—6:20 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 6:30—7:30 (CC) Yoga (Group Exercise Room) 7:00—8:00 Drums Alive (Dining Room)</p>	<p>14 2:45—5:45 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 7:00—8:00 Drums Alive (Dining Room)</p>
<p>19 2:00—6:20 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 6:30—7:30 (CC) Yoga (Group Exercise Room) 7:00—8:00 Drums Alive (Dining Room)</p>	<p>21 2:45—5:45 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 7:00—8:00 Drums Alive (Dining Room)</p>
<p>26 2:00—6:20 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 6:30—7:30 (CC) Yoga (Group Exercise Room) 7:00—8:00 Drums Alive (Dining Room)</p>	<p>28 2:45—5:45 Indoor Pickle Ball (Group Exercise Room) 4:00—7:45 Gym (60 & Older Only) 4:00—7:45 Billiards 7:00—8:00 Drums Alive (Dining Room)</p>
	<p>*** (CC) stands for Community Classes. To enroll please visit www.canyondistrict.org or call 801-826-6689 for more information. <i>There is a fee for each community class.</i></p>