

## Midvale Meal Calendar March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;"><b>Alternate Meal</b></p> <p><b>Week 1:</b> Six Bean Soup w/Ham Sandwich</p> <p><b>Week 2:</b> Stuffed Spud Southwestern Spiced Chicken Baked Potato</p> <p><b>Week 3:</b> Stuffed Spud Turkey and Ham Baked Potato</p> <p><b>Week 4:</b> Stuffed Spud Turkey Baked Sweet Potato</p> <p><b>Week 5:</b> Stuffed Spud Roasted Dc Chicken Baked Potato</p>			1	2
			<p style="text-align: center;"><b>Swedish Meatballs</b></p> <p>WG Pasta Swedish Sauce California Blend Vegetables Fresh Apple</p>	<p style="text-align: center;"><b>Sweet &amp; Sour Chicken</b></p> <p>Brown Rice Green Peas Pears Mocha Pudding</p>
5	6	7	8	9
<p style="text-align: center;"><b>Baked Chicken Breast</b></p> <p>Brown Spanish Rice Verde Sauce Pinto Beans WG Tortilla Fresh Orange</p>	<p style="text-align: center;"><b>Birthday Tuesday Beef Pot Roast</b></p> <p>Whipped Potatoes Brown Gravy Green Beans Fresh Tangerine Birthday Cupcake </p>	<p style="text-align: center;"><b>Baked Salmon</b></p> <p>Tartar Sauce Roasted Fresh Zucchini Broccoli Cole Slaw Whole Wheat Roll</p>	<p style="text-align: center;"><b>Carne Guisada</b></p> <p>Tex-Mex Corn w/Tomatoes Spinach / Romaine Salad Fresh Banana Flour Tortilla Sugar Cookie</p>	<p style="text-align: center;"><b>Meatloaf</b></p> <p>Mashed Potatoes Brown Gravy Broccoli &amp; Florets Carrots Pineapple Pistachio Fluff</p>
12	13	14	15	16
<p style="text-align: center;"><b>Apple Farro Salad w/ Chicken</b></p> <p>Carrot Slaw Fresh Tangerine Pineapple Pudding Balsamic Vinigrette</p>	<p style="text-align: center;"><b>Caribbean Chicken</b></p> <p>Chantilly Potatoes Italian Blend Vegetables Seasonal Fresh Fruit Lemon Cookie</p>	<p style="text-align: center;"><b>Baked Salmon</b></p> <p>Parsley Potatoes Lemon Caper Sauce Scandinavian Blend Vegetables Fresh Banana</p>	<p style="text-align: center;"><b>Meat Lasagna</b></p> <p>Mixed Vegetables Spinach Romaine Salad Pineapple Crunch Bar</p>	<p style="text-align: center;"><b>St. Patrick's Day Special Corned Beef</b></p> <p> Colcannon Potatoes  Irish Soda Bread Cabbage &amp; Carrots Fresh Apple Holiday Cookie</p>
19	20	21	22	23
<p style="text-align: center;"><b>Baked Chicken Breast</b></p> <p>Penne Pasta Paprika Cream Sauce Green Beans Whole Kernel Corn Brownie</p>	<p style="text-align: center;"><b>Beef Tips</b></p> <p>Mashed Potatoes Brown Gravy Carrots Broccoli &amp; Florets Orange Gelatin w/ Pears</p>	<p style="text-align: center;"><b>Baked Salmon</b></p> <p>Rst. Red Potatoes Basil Cream Sauce Green Peas &amp; Onions Spinach Romaine Salad Lemon Bar</p>	<p style="text-align: center;"><b>Cheese Omelet</b></p> <p>Breakfast Turkey Sausage Western Omelet Sauce Rst. Red Potatoes Red/Gr.Bell Pepper &amp; Onions Fresh Banana</p>	<p style="text-align: center;"><b>Buffalo Style Chicken for Sandwich</b></p> <p>Lettuce &amp; Tomato Mixed Vegetables Fresh Orange Whole Wheat Hamburger Bun</p>
26	27	28	29	30
<p style="text-align: center;"><b>Swiss Style Beef Patty</b></p> <p>Mashed Potatoes Swiss Steak Sauce Carrots Fresh Apple</p>	<p style="text-align: center;"><b>Chicken Cordon Bleu</b></p> <p>Cordon Bleu Sauce Broccoli / Cauliflower Blend Carrots Red Gelatin w/ Mixed Fruit Breadsticks</p>	<p style="text-align: center;"><b>Baked Salmon</b></p> <p>Rice Pilaf w/ Mushrooms Creole Sauce Broccoli &amp; Florets Fresh Strawberries Raspberry Vanilla Swirl Pudding</p>	<p style="text-align: center;"><b>Western Pork Stew</b></p> <p>Red Bliss Potatoes Scandinavian Blend Vegetables Spinach Romaine Salad Fresh Banana Salad Dressing</p>	<p style="text-align: center;"><b>Baked Chicken Thigh (bone-in)</b></p> <p>Wild Rice Blend Apple Cider Glaze Green Beans California Blend Vegetables Apple Cobbler</p>