


## Midvale June 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Alternate Meal</b> <b>Week 1:</b> Roast Beef Sandwich <b>Week 2, 3, 4, and 5:</b> Chef Salad <b>Salad includes:</b> turkey breast, turkey ham, shredded cheese, egg, lettuce, tomatoes, bell pepper, carrots, olives and salad dressing			1	2
5	6	7	8	9
<b>EGG SALAD SAND</b> on Multigrain Bread Cheese Slice Lettuce & Tomato Broccoli Raisin Salad Seasonal Fruit	<b>BIRTHDAY TUESDAY ITALIAN MEATBALLS</b> Whole Grain Spaghetti Marinara Sauce Steamed Spinach Garden Vegt Salad Bread Stick Birthday Cupcake 	<b>GRILLED SALMON</b> Dijon Cream Sauce Delmonico Potatoes Cut Green Beans Seasonal Fruit	<b>ROAST PORK</b> w/Cumberland Sauce Sweet Potato Cuts Calif Blend Vegt Peach Crisp	<b>GRILLED CHKN BRST</b> on a Deli Roll Baked Beans Carrot Mandarin Salad Choclate Almond Pudding
12	13	14	15	16
<b>WAIKIKI CHICKEN</b> Pineapple Brown Rice Broccoli Cuts & Florets Country Trio Vegt Orange Whip	<b>TURKEY SALAD SAND</b> on Wheat Bread Lettuce & Tomato Seasonal Fruit Hermit Bar	<b>KRAB PATTY</b> w/Tartar Sauce Citrus Bean Salad Mixed Green Salad Wheat Crackers Seasonal Fruit	<b>GRILLED SAUSAGE</b> w/Green Peppers/Onions on a Hotdog Bun Seasonal Fruit Spinach Romaine Salad	<b>FATHERS DAY CELEBRATION MEATLOAF</b> w/Mushroom Gravy Whipped Potatoes Stewed Tomatoes Tropical Fruit Cup Choc Chip Cookie
19	20	21	22	23
<b>SALISBURY PATTY</b> w/Gravy Whipped Potatoes Spinach & Egg Salad Seasonal Fruit	<b>CHICKEN FAJITA</b> Bell Peppers & Onions Mixed Vegetables Flour Tortilla Rice Pudding	<b>GRILLED SALMON</b> w/Lemon Caper Sauce Wild Rice Green Peas & Onions Seasonal Fruit Chocolate Oatmeal Bar	<b>CHICKEN SALAD SAND</b> on Wheat Bread Lettuce & Tomato Seasonal Fruit Lime Whip	<b>GRILLED FISH</b> Sesame Bun Potato Salad Creamy Coleslaw
26	27	28	29	30
<b>TUNA SALAD</b> Deli Bun Lettuce & Tomato Mandarin Pineapple Salad	<b>CHKN VEGT STIR FRY</b> Steamed Brown Rice Marinated Zucchini Salad Seasonal Fruit Lemon Fluff	<b>KRAB PATTY</b> w/Tartar Sauce Marinated Kidney Bean Salad Spinach Romaine Salad Wheat Crackers Seasonal Fruit	<b>PORK SAUSAGE GRAVY</b> Buttermilk Biscuit Roasted Tomato Half Bkd Potato Wedges Seasonal Fruit	<b>GRILLED BRATS</b> on a Hotdog Bun Ranch Beans Cuke/Tom/Onion Salad Pineapple Nut Cookie