







Midvale November 2017



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Alternate Meal Week 1: Hamburger Stew Week 2: Potato Onion Soup Week 3: No Alternate Meal Week 4: Beef Barley Soup Week 5: Cheesy Chicken Soup</p>		1 GRILLED SALMON w/ Lemon Caper Sauce Mixed Vegetables Garden Vegetable Salad Almond Poppysed Cake	2 ITALIAN MEATSAUCE Spaghetti Pasta Herbed Carrots Spinach Salad w/ Egg Cranberry Crunch Bar	3 LEMON HERB CHICKEN (bone-in) Delmonico Potatoes Calif. Blend Vegetables Green Peas Seasonal Fruit
6 ROAST PORK w/Cumberland Sauce Sweet Potato Cuts Seasoned Green Beans Spiced Apples	7 BDAY TUESDAY CHICKEN THIGH w/ Mushroom Gravy Whipped Potatoes Broccoli Cuts & Florets Seasonal Fruit Birthday Cupcake 	8 GRILLED SALMON w/ Dill Sauce Rice Pilaf w/Mushrooms Scandinavian Blend Vegetables Spinach Romaine Salad Orange Gelatin w/Mandarins	9 VETERAN'S DAY MEAL BBQ CHICKEN Cheddar Biscuit Baked Beans Confetti Apple Slaw Holiday Bar	10 CENTER CLOSED 
13 MEATLOAF w/Brown Gravy Whipped Potatoes Stewed Tomatoes Seasonal Fruit	14 CHICKEN ENCHILADA BAKE Mexicali Corn Blushing Pears Dinner Roll Pudding	15 GRILLED SALMON w/ Tartar Sauce Green Peas & Onions Spinach Salad w/Egg Peanut Butter Bar	16 BAKED PORK w/Verde Sauce Brown Spanish Rice Pinto Beans Flour Tortilla Tropical Fruit Cup	17 THANKSGIVING MEAL ROAST TURKEY w/Gravy Whipped Potatoes Bread Stuffing Cut Green Beans Sweet Potato Cuts Dinner Roll Pumpkin Pie w/Whip Top
20 CHICKEN IN PEANUT SAUCE w/Steamed Brown Rice Broccoli Cuts & Florets Seasoned Carrots Coconut Pudding	21 MEAT LASAGNA Mixed Vegetables Spinach Romaine Salad Breadstick Red Gelatin w/ Peaches	22 GRILLED SALMON w/Creole Sauce Quinoa & Vegetables Steamed Spinach Marinated Zucchini Salad Seasonal Fruit	23 CENTER CLOSED 	24 CENTER CLOSED 
27 EGG,SAUSAGE, CHEESE BURRITO Rst. Red Potatoes Bell Peppers and Onions Flour Tortilla Seasonal Fruit	28 SALISBURY PATTY w/Gravy Augratin Potatoes Seasoned Carrots Green Peas & Onions Spice Cake	29 GRILLED SALMON w/ Basil Cream Sauce Broccoli Cuts & Florets Spinach Romaine Salad Dinner Roll Rocky Road Pudding	30 CHICKEN POMODORA Over Penne Pasta Calif Blend Vegetables Garden Vegt Salad Seasonal Fruit	