




May 2017 Menu

Millcreek Senior Center

\$4.00 Suggested Donation Lunch served 11:30 -1:30

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pork Chop	2 Meatloaf	3 Turkey Burger w/ Yogurt-Dill Sauce	4 Lemon Caper Salmon	5 Lemon and Dill Chicken
8 Baked Tilapia w/ Coconut Cilantro Sauce	9 Lighter Spaghetti and Meatballs	10 Roast Turkey	11 Seared Salmon w/ Sweet Potatoes	12 Lemon and Dill Chicken
15 Szechuan Pork w/Brown Rice	16 Roasted Chicken Thigh	17 Shepherd's Pie	18 Salmon with Pea Puree	19 Squash and Spinach Lasagna
22 Vegetable Chili	23 Turkey Veggie Meatloaf Bites	24 Garlic Ginger Chicken Thigh	25 Tarragon-Citrus Crusted Salmon	26 Baked Sausage Ziti
29 Closed 	30 Chicken Fettucini w/ Zucchini Ribbons	31 Baked Chicken Parmesan		