










Monday	Tuesday	Wednesday	Thursday ~ Open 7am	Friday
<p>\$ 8 * 8 6 7 , 6 á</p> <p>IMMUNIZATION AWARENESS</p>  	<p>1 8:00 Hatha Yoga # 201</p> <p>9:15 Table Tennis # 201</p> <p>9:30 Oil Painting # 204</p> <p>10:00 Shutter Bugs # 107</p> <p>10:00 BINGO w/Cottonwood Plaza # 107</p> <p>10:30 Ceramics # 204</p> <p>12:00 Toastmasters # 107</p> <p>12:30 Sculptural Pottery # 204</p> <p>12:30 Irish Soft Dance # 201</p> <p>1:15 Advanced Tai Chi # 201</p> <p>2:00 Tai Chi # 201</p> 	<p>2 7:45 EnhanceFitness # 201</p> <p>9:00 Fit & Trim # 201</p> <p>9:30 Glee Club Practice # 206</p> <p>10:00 Mahjong ~ Alcove # 107</p> <p>10:00 AARP Driver Safety # 107</p> <p>10:00 Porcelain Dolls # 204</p> <p>10:00 Hooks & Needles # 107</p> <p>10:00 BINGO ~ Café # 107</p> <p>10:15 Arthritis Exercise # 201</p> <p>11:10 Zumba # 201</p> <p>11:15 Begin Orchestra # 101</p> <p>12:15 Line Dancing Lessons # 201</p> <p>12:30-3:30 Social Bridge # 206</p> <p>1:00 Square Dancing ~ Café # 107</p> <p>1:30 Times of your Life # 107</p> <p>1:30-3:00 Young @ Heart Practice # 107</p>	<p>3 8:00 Hatha Yoga # 201</p> <p>9:15 Table Tennis # 201</p> <p>9:30 MMA # 107</p> <p>10:00 Vital Aging Creative Problem Solving # 107</p> <p>10:00 Stained Glass # 204</p> <p>10:00 Scrabble ~ Alcove # 107</p> <p>10:00 Begin Spanish # 107</p> <p>10:00 Chinese Support # 107</p> <p>10:30 Intrmd Spanish # 107</p> <p>1:00 Hawaiian Hula # 101</p> <p>1:00 Watercolor Guild ~ Café # 107</p> <p>1:15 Advanced Tai Chi # 201</p> <p>2:00 Ukulele Lessons # 101</p> <p>2:00 Tai Chi # 201</p> <p>4:00 Beg Piano # 201</p> <p>5:30 Stamp Club # 201</p> <p>\$ O] K H L P H U · V</p>	<p>4 7:45 EnhanceFitness # 201</p> <p>8:30 Big Easy Band ~ Café # 201</p> <p>9:00 Fit & Trim # 201</p> <p>10:00 Wheel Pottery # 204</p> <p>10:00 China Painters # 101B</p> <p>10:00 Civil War # 101A</p> <p>10:00 Stillness Speaks # 107</p> <p>10:15 Arthritis Exercise # 201</p> <p>10:30 Brain Games ~ Café # 204</p> <p>11:00 Raku Pottery # 204</p> <p>11:00 Learn Pinochle # 206</p> <p>11:00 Neurobics # 107</p> <p>12:30 Pinochle # 206</p> <p>12:30 Genealogy Computer Lab # 201</p> <p>1:30 Belly Dancing # 201</p>
<p>7 7:45 EnhanceFitness # 201</p> <p>9:00 Fit & Trim # 201</p> <p>9:00 Bocce Ball in the Back Yard # 204</p> <p>9:00 Wood Carving # 204</p> <p>9:30 Harmonica Band # 206</p> <p>9:30 Oil Painting # 204</p> <p>10:00 Victims of Gun Violence # 107</p> <p>10:00 Chess Club ~ Alcove # 107</p> <p>10:00 Begin Spanish # 107</p> <p>10:15 Arthritis Exercise # 201</p> <p>10:30 Intrmd Spanish # 107</p> <p>11:00 Learn Pinochle # 206</p> <p>11:15 Beg Orchestra # 101B</p> <p>11:15 Beginner Dancing # 201</p> <p>12:30 Pinochle # 206</p> <p>1:00 Young @ Heart Practice ~ Café # 107</p> <p>1:00 Book Club # 107</p> <p>1:00 Watercolor Guild # 204</p> <p>1:45 Guitar Lessons # 101B</p>	<p>8 8:00 Hatha Yoga # 201</p> <p>9:15 Table Tennis # 201</p> <p>9:30 Oil Painting # 204</p> <p>9:30 Naturalist Group Outing # 204</p> <p>10:00 BINGO ~ Café # 107</p> <p>10:00 Astronomy # 107</p> <p>10:30 Ceramics # 204</p> <p>12:00 Toastmasters # 107</p> <p>12:00 Cribbage # 201</p> <p>12:30 Sculptural Pottery # 204</p> <p>12:30 Irish Soft Dance # 201</p> <p>1:15 Advanced Tai Chi ~ Café # 201</p> <p>2:00 Tai Chi # 201</p> 	<p>9 7:45 EnhanceFitness # 201</p> <p>9:00 Fit & Trim # 201</p> <p>9:30 Glee Club Practice # 206</p> <p>10:00-11:30 FTD Group # 107</p> <p>10:00 BINGO ~ Café # 107</p> <p>10:00 Porcelain Dolls # 204</p> <p>10:00 Mahjong ~ Alcove # 107</p> <p>10:00 Hooks & Needles ~ 101B</p> <p>10:00 Dreams with Liz # 206</p> <p>10:15 Arthritis Exercise # 201</p> <p>11:10 Zumba # 201</p> <p>11:15 Beg Orchestra # 101B</p> <p>12:15 Line Dance Lessons # 201</p> <p>12:30-3:30 Social Bridge # 206</p> <p>1:00 Square Dancing ~ Café # 107</p> <p>1:30 Times of your Life # 107</p> <p>1:30-3:00 Young @ Heart Practice # 107</p>	<p>10 8:00 Hatha Yoga # 201</p> <p>9:00 BREAKFAST CLUB to Cracker Barrel in W.V.C # 201</p> <p>9:30 MMA # 107</p> <p>10:00 Stained Glass # 204</p> <p>10:00 Scrabble ~ Alcove # 107</p> <p>10:00 Begin Spanish # 107</p> <p>10:30 Intrmd Spanish # 107</p> <p>12:30 Private Piano Lessons # 206</p> <p>1:00 Hawaiian Hula # 101</p> <p>1:00 Watercolor Guild ~ Café # 107</p> <p>1:15 Advanced Tai Chi # 201</p> <p>2:00 Ukulele Lessons # 101</p> <p>2:00 Tai Chi # 201</p> <p>5:30 Scottish Cntry Dance # 107</p> <p>6:00 Sons of UT Pioneers # 107</p> 	<p>11 7:45 EnhanceFitness # 201</p> <p>8:30 Big Easy Band ~ Café # 201</p> <p>9:00 Fit & Trim # 201</p> <p>10:00 Wheel Pottery # 204</p> <p>10:00 Senior Science & Technology Event # 101A & B</p> <p>10:15 Arthritis Exercise # 201</p> <p>11:00 Raku Pottery # 204</p> <p>11:00 Learn Pinochle # 206</p> <p>11:00 Neurobics # 107</p> <p>12:30 Pinochle # 206</p> <p>1:30 Belly Dancing # 201</p>
<p>14 7:45 EnhanceFitness # 201</p> <p>9:00 Fit & Trim # 201</p> <p>9:00 Wood Carving # 204</p> <p>9:00 Bocce Ball in the Back Yard # 204</p> <p>9:00 BP with Connie from Bee Hive # 206</p> <p>9:30 Harmonica Band # 206</p> <p>9:30 Oil Painting # 204</p> <p>10:00 Chess Club ~ Alcove # 107</p> <p>10:00 Begin Spanish # 107</p> <p>10:15 Arthritis Exercise # 201</p> <p>10:30 Intrmd Spanish # 107</p> <p>11:00 Learn Pinochle # 206</p> <p>11:15 Beg Orchestra # 101B</p> <p>11:15 Beginner Dancing # 201</p> <p>12:30 Pinochle # 206</p> <p>1:00 Young @ Heart Practice ~ Café # 107</p> <p>1:00 Book Club # 107</p> <p>1:30 Chess Club # 107B</p>	<p>15 8:00 Hatha Yoga # 201</p> <p>9:15 Table Tennis # 201</p> <p>9:30 Oil Painting # 204</p> <p>9:30 Memory Screening w/Carol # 204</p> <p>10:00 BINGO with LARKIN ~ Café # 107</p> <p>10:30 Ceramics # 204</p> <p>11:00 LUNCH BUNCH to Chef M # 107</p> <p>12:00 Toastmasters # 107</p> <p>12:30 Sculptural Pottery # 204</p> <p>12:30 Irish Soft Dance # 201</p> <p>1:15 Advanced Tai Chi # 201</p> <p>2:00 Tai Chi # 201</p> 	<p>16 7:45 EnhanceFitness # 201</p> <p>9:00 Fit & Trim # 201</p> <p>9:30 Glee Club Practice # 206</p> <p>10:00 Mahjong ~ Alcove # 107</p> <p>10:00 Sandy City future Plans & Development w/Jared # 101A</p> <p>10:00 Porcelain Dolls # 204</p> <p>10:00 Intermtn Pharmacology # 107</p> <p>10:00 Hooks & Needles ~ 101B</p> <p>10:00 BINGO w/ A place for Mom # 107</p> <p>10:00 Podiatrist Dr. Shelton # 107</p> <p>10:15 Arthritis Exercise # 201</p> <p>11:10 Zumba # 201</p> <p>11:15 Begin Orchestra # 101B</p> <p>12:15 Line Dance Lessons # 201</p> <p>1:00 Square Dancing ~ Café # 107</p> <p>1:30 Times of your Life # 107</p> <p>1:30-3:00 Young @ Heart Practice # 107</p>	<p>17 8:00 Hatha Yoga # 201</p> <p>9:15 Table Tennis # 201</p> <p>9:30 MMA # 107</p> <p>10:00 Stained Glass # 204</p> <p>10:00 Scrabble ~ Alcove # 107</p> <p>10:00 Begin Spanish # 107</p> <p>10:30 Intrmd Spanish # 107</p> <p>12:30 Private Piano Lessons # 206</p> <p>1:00 Hawaiian Hula # 101</p> <p>1:00 Watercolor Guild ~ Café # 107</p> <p>1:15 Advanced Tai Chi # 201</p> <p>2:00 Ukulele Lessons # 101B</p> <p>2:00 Tai Chi # 201</p> <p>3:30 Kultura ~ Café # 107</p> <p>5:30 Stamp Club # 201</p> <p>6:00 Water Color Guild # 107</p> <p>6:00 Care Giver Academy # 107</p> 	<p>18 7:45 EnhanceFitness # 201</p> <p>9:00 Fit & Trim # 201</p> <p>9:30 Glee Club Performs ~ Café # 206</p> <p>10:00 Police Chief Thacker # 107</p> <p>10:00 Wheel Pottery # 204</p> <p>10:15 Arthritis Exercise # 201</p> <p>11:00 Raku Pottery # 204</p> <p>11:00 Learn Pinochle # 206</p> <p>11:00 Soc Security w/Ryan ~ Lobby # 107</p> <p>11:00 Neurobics # 107</p> <p>12:30 Pinochle # 206</p> <p>1:30 Belly Dancing # 201</p>
<p>21 7:45 EnhanceFitness # 201</p> <p>9:00 Fit & Trim # 201</p> <p>9:00 Bocce Ball in the Back Yard # 204</p> <p>9:00 Wood Carving # 204</p> <p>9:30 Harmonica Band # 206</p> <p>9:30 Oil Painting # 204</p> <p>10:00 U of U Older Driver Safety Course # 101A</p> <p>10:00 Chess Club ~ Alcove # 107</p> <p>10:00 Begin Spanish # 107</p> <p>10:15 Arthritis Exercise # 201</p> <p>10:30 Intrmd Spanish # 107</p> <p>11:00 Learn Pinochle # 206</p> <p>11:15 Beg Orchestra # 101B</p> <p>11:15 Beginner Dancing # 201</p> <p>12:30 Pinochle # 206</p> <p>1:00 Young @ Heart Practice ~ Café # 107</p> <p>1:00 Watercolor Guild # 204</p> <p>1:30 Chess Club # 107B</p> <p>1:45 Guitar Lessons # 101B</p>	<p>22 8:00 Hatha Yoga # 201</p> <p>9:15 Table Tennis # 201</p> <p>9:30 Oil Painting # 204</p> <p>10:00 BINGO w/Sagewood Day # 107</p> <p>10:00 Shutterbugs # 107</p> <p>10:00 Astronomy # 107</p> <p>10:30 Ceramics # 204</p> <p>12:00 Toastmasters # 107</p> <p>12:30 Sculptural Pottery # 204</p> <p>12:30 Irish Soft Dance # 201</p> <p>1:15 Advanced Tai Chi # 201</p> <p>2:00 Tai Chi # 201</p> 	<p>23 7:45 EnhanceFitness # 201</p> <p>9:00 Fit & Trim # 201</p> <p>9:30 Glee Club Practice # 206</p> <p>10:00 Death of the Dinosaurs # 107</p> <p>10:00 BINGO w/ LEGACY ~ Café # 107</p> <p>10:00 Porcelain Dolls # 204</p> <p>10:00 Mahjong ~ Alcove # 107</p> <p>10:00 Hooks & Needles ~ 101B</p> <p>10:00 Dreams with Liz # 206</p> <p>10:15 Arthritis Exercise # 201</p> <p>11:10 Zumba # 201</p> <p>11:15 Beg Orchestra # 101B</p> <p>12:15 Line Dance Lessons # 201</p> <p>12:30-3:30 Social Bridge # 206</p> <p>1:00 Square Dancing ~ Café # 107</p> <p>1:30 Times of your Life # 107</p> <p>1:30-3:00 Young @ Heart Practice # 107</p>	<p>24 8:00 Hatha Yoga # 201</p> <p>9:15 Table Tennis # 201</p> <p>9:30 MMA # 107</p> <p>10:00 Stained Glass # 204</p> <p>10:00 Scrabble ~ Alcove # 107</p> <p>10:00 Begin Spanish # 107</p> <p>10:30 Intrmd Spanish # 107</p> <p>12:30 Private Piano Lessons # 206</p> <p>1:00 Hawaiian Hula # 101</p> <p>1:00 Watercolor Guild ~ Café # 107</p> <p>1:15 Advanced Tai Chi # 201</p> <p>2:00 Ukulele Lessons # 101B</p> <p>2:00 Tai Chi # 201</p> <p>6:00 Care Giver Academy # 107</p>	<p>25 7:45 EnhanceFitness # 201</p> <p>8:30 Breakfast w/the Band # 201</p> <p>9:00 Fit & Trim # 201</p> <p>10:00 Wheel Pottery # 204</p> <p>10:00 Current Events # 101A</p> <p>10:15 Arthritis Exercise # 201</p> <p>11:00 Raku Pottery # 204</p> <p>11:00 Learn Pinochle # 206</p> <p>11:00 Neurobics # 107</p> <p>12:30 Pinochle # 206</p> <p>1:30 Belly Dancing # 201</p> 
<p>28 7:45 EnhanceFitness # 201</p> <p>9:00 Fit & Trim # 201</p> <p>9:00 Wood Carving # 204</p> <p>9:00 Bocce Ball in the Back Yard # 204</p> <p>9:00 BP w/Connie from Bee Hive # 206</p> <p>9:30 Harmonica Band # 206</p> <p>9:30 Oil Painting # 204</p> <p>10:00 Chess Club ~ Alcove # 107</p> <p>10:00 Begin Spanish # 107</p> <p>10:15 Arthritis Exercise # 201</p> <p>10:30 Intrmd Spanish # 107</p> <p>11:00 Learn Pinochle # 206</p> <p>11:15 Beg Orchestra # 101B</p> <p>11:15 Beginner Dancing # 201</p> <p>12:30 Pinochle # 206</p> <p>1:00 Young @ Heart Practice # 107</p> <p>1:00 Book Club # 107A</p> <p>1-3:00 Chess Club # 107B</p>	<p>29 8:00 Hatha Yoga # 201</p> <p>9:15 Table Tennis # 201</p> <p>9:30 Oil Painting # 204</p> <p>10:00 Shutter Bugs # 107</p> <p>10:00 BINGO ~ Café # 107</p> <p>10:30 Ceramics # 204</p> <p>12:00 Toastmasters # 107</p> <p>12:00 Cribbage # 201</p> <p>12:30 Sculptural Pottery # 204</p> <p>12:30 Irish Soft Dance # 201</p> <p>1:15 Advanced Tai Chi # 201</p> <p>2:00 Tai Chi # 201</p>	<p>30 7:45 EnhanceFitness # 201</p> <p>9:00 Fit & Trim # 201</p> <p>9:30 Glee Club Practice # 206</p> <p>9:30 FreeThinkersWhy we celebrate Labor Day # 101A/B</p> <p>10:00 Mahjong ~ Alcove # 107</p> <p>10:00 Porcelain Dolls # 204</p> <p>10:00 Hooks & Needles # 107</p> <p>10:00 BINGO ~ Café # 107</p> <p>10:15 Arthritis Exercise # 201</p> <p>11:10 Zumba # 201</p> <p>11:15 Begin Orchestra # 101B</p> <p>12:15 Line Dancing Lessons # 201</p> <p>12:30-3:30 Social Bridge # 206</p> <p>1:00 Square Dancing ~ Café # 107</p> <p>1:30 Times of your Life # 107</p> <p>1:30-3:00 Young @ Heart Practice # 107</p>	<p>31 8:00 Hatha Yoga # 201</p> <p>9:15 Table Tennis # 201</p> <p>9:30 MMA # 107</p> <p>10:00 Stained Glass # 204</p> <p>10:00 Scrabble ~ Alcove # 107</p> <p>10:00 Begin Spanish # 107</p> <p>10:30 Private Piano Lessons # 206</p> <p>1:00 Hawaiian Hula # 101B</p> <p>1:00 Watercolor Guild ~ Café # 107</p> <p>1:15 Advanced Tai Chi # 201</p> <p>2:00 Ukulele Lessons # 101B</p> <p>2:00 Tai Chi # 201</p>	<p>KE] d K D ^ d - d / ^ d B' d d , ^ , / E ' > ^ s / E</p> 