






Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center"><b>Beginning French</b>  <b>Fridays at 10:00 a.m. February 1st-April 26th</b></p> <p>The class will be taught by U of U Students, Marley and Melissa, who are majoring in French Speaking &amp; Teaching university. The course will cover basic language skills and some French culture. Come learn French and help our U of U students.</p>				<p><b>1</b>            9:00 Advisory Committee Meeting            11:00 Super Bowl Tailgate            2:00 Movie: Bewitched</p>
<p><b>4</b>  <b>Wear Red ♥</b>  <b>9:00-1:00 AARP Tax Aid</b></p> 	<p><b>5</b>  <b>Chinese New Year</b>            11:00 Birthday Tuesday Entertainment:            Kevin Scott</p>	<p><b>6</b></p>	<p><b>7</b>            8:30 Bus To Wendover Trip</p>	<p><b>8</b>            2:00 Movie: One Fine Day</p>
<p><b>11</b>  <b>9:00-1:00 AARP Tax Aid</b>            11:00-1:00 Legal Clinics            1:00 Bingo: Sponsored by Advisory            Committee</p>	<p><b>12</b>  <b>9:00 Biscuits &amp; Gravy</b>  <b>11:00 Bead Craft</b></p>	<p><b>13</b>            12:30 Ice Cream Social             -Harmonica Band: Sunday Anderson-</p>	<p><b>14</b>  <b>11:00 Valentine's Day Party</b></p>	<p><b>15</b>            2:00 Movie: Return To Me</p>
<p><b>18</b>  <b>Center Closure</b></p> 	<p><b>19</b>  <b>9:30 -12:00 Westminster            Nursing Students ♥</b>  <b>10:30 Bus Trip To Savers</b></p> 	<p><b>20</b>            10:45 Medicare Counseling with Vicki             -Harmonica Band: Carrington Court-</p>	<p><b>21</b>  <b>9:30 Heart Health Presentation            at Government Center ♥</b>  <b>5:00 Evening At The Center</b></p>	<p><b>22</b>            2:00 Movie: Hairspray</p>
<p><b>25</b>  <b>9:00-1:00 AARP Tax Aid</b></p>	<p><b>26</b>  <b>8:30-2:30 Decathlon ♥</b></p>	<p><b>27</b>  <b>11:00 Fashion Show &amp; Special Meal</b>             -Harmonica Band: Legacy Village-</p>	<p><b>28</b></p>	

### Daily Scheduled Activities and Programs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:45 Ukulele Lessons 10:00 Tai Chi ♥ 10:30 Guitar lessons 10:30 Bus trip to Dollar Store (4 <sup>th</sup> & 19 <sup>th</sup> ) 10:30 Music Appreciation (1st Monday) 11:00 Book Club (2nd Monday) 11:00 Chair Aerobics ♥ 1:00 Bingo 2:15 Enhance@Fitness ♥ <b>5:15 Open Gym w/ UofU Students ♥</b> 5:30 Story "Taylors" (11 <sup>th</sup> ) <b>5:45 Exercise W/ UofU Students ♥</b>	9:00 Walking Group ♥ 10:00 Hookers Crochet Group 10:00 Photo Club 10:00 Wii Bowling 10:30 Rummikub 10:45 Poker 11:00 Sketching 12:45 Oil & Acrylic Painting 12:45 Line Dancing ♥ 1:00 Vital Aging ♥ <b>1:00 One on One Brain Massage</b> (Begins February 12th) 2:30 Brain Gym Class	9:00 Open Ceramics 9:00 Beginning Spanish <del>10:00 Blood Pressure</del> 10:00 Harmonica Band Practice 10:00 Tai Chi ♥ 11:00 Table Massage/Detox Footbaths 11:00 Chair Aerobics ♥ 1:00 Bingo 2:15 Enhance@Fitness ♥ <b>3:30 Caregiver Academy</b> <b>5:15 Open Gym w/ UofU Students ♥</b> <b>5:45 Exercise W/ UofU Students ♥</b>	9:00 Walking Group ♥ 9:30 Minding Motion ♥ 10:30 Beginning Sewing 10:00 Hookers Crochet Group 10:00 Plastic Canvas 10:30 Wood Working Group 10:30 Rummikub 10:45 Poker 3:00 Yoga ♥	10:00 Plastic Canvas <b>10:00 Beginning French Class</b> 10:15 Bus trip to Walmart <b>10:30 English Conversation Class</b> 10:30 Bingo 11:00 Chair Aerobics ♥ 2:00 Movie 2:15 Enhance@Fitness ♥

**Vital Aging: Tuesdays at 1:00 p.m.  
 Improving Communication Skills**

Communicating with friends and family can be difficult. Differences in opinions, ideas, and experiences can lead to arguments and strained relationships. Join us as we discuss communication skills to improve how we can connect with those around us.

**What's Coming In March?**

- **Birthday Tuesday & Fat Tuesday:** Tuesday, March 5th. Entertainment by John Tibola.
- **Podiatrist :** March 14th at 11:00 a.m.
- **St. Patrick's Day Karaoke Party:** Friday, March 15th at 11:00 a.m.
- Watch for details about the **Taylorville City Art Show** being held the last week of March. You can submit art or just enjoy the show.

