

# Honor Your Body Offsite Events

# Feb. 2019

| Monday                                   | Tuesday   | Wednesday | Thursday   | Friday |
|--|---|-----------|--|--------|
|  |   |           |  | 1      |
| 4  | 5   | 6         | 7  | 8      |
| 11                                       | 12  | 13        | 14   | 15     |
| 18                                       | 19  | 20        | 21   | 22     |
|  |   |           | <b>Environmental Health (Food Protection)</b> -Lara Gallacher, Nancy Davis<br><b>Salt Lake Public Health Center</b> -Beth Ammon<br><b>Copperview Rec. Center</b> -Ashely Bowen, Kristen Sproul |        |
| 25                                       | 26  | 27        | 28   |        |
| <b>Taylorville Library</b> -Traisa Reger | <b>Gov't Center</b> -Healthy Lifestyles<br><br><b>West Jordan Library</b> -Mari Kraft, Debbie Stevenson |           | <b>Southeast Public Health Center</b> -Juanita Gonzalez, Launa Carrillo<br><br><b>Capitol Theatre</b> -Lisa Hoyt, Krystal Cardenas   |        |

The Healthy Lifestyles team will be hosting the annual Honor Your Body program at the Government Center on **February 26 from 12-2 PM**. If you are not located at the Government Center see if your site or one near you is hosting an event. Participants that attend any event will earn **25 Healthy Lifestyles points**. Contact the coordinator(s) to learn more details about their event. For their contact information, see the sheet below.



| Event Date | Location   | Coordinator(s)                     | Email Address                                   | Phone Number                 |
|------------|--|------------------------------------|---|------------------------------|
| 2/21/2019  | Environmental Health (Food Protection)<br>788 E WOODOAK LN<br>Murray, UT 84107                   | Lara Gallacher<br>Nancy Davis      | lgallacher@slco.org<br>ndavis@slco.org          | 801-574-0388<br>801-330-3407 |
| 2/21/2019  | Salt Lake City Health Clinic<br>610 S 200 E<br>Salt Lake City, UT 84111                          | Beth Ammon                         | bammon@slco.org                                 | 385-468-3683                 |
| 2/21/2019  | Copperview Recreation Center<br>8446 S HARRISON ST<br>Midvale, UT 84047                          | Ashley Bowen<br>Kristen Sproul     | abowen@slco.org<br>ksproul@slco.org             | 385-468-1509<br>385-468-1520 |
| 2/25/2019  | Taylorsville Library<br>4870 S 2700 W<br>Taylorsville, UT 84118                                  | Traisa Reger                       | treger@slcolibrary.org                          | 801-944-7638                 |
| 2/26/2018  | Government Center (USU Extension Room)<br>2001 S State ST, RM S1-300<br>Salt Lake City, UT 84190 | Healthy Lifestyles                 | anomer@slco.org<br>abthompson@slco.org          | 385-4685-4086                |
| 2/26/2019  | West Jordan Library<br>8030 S 1825 W<br>West Jordan, UT 84088                                    | Mari Kraft<br>Debbie Stevenson     | mkraft@slcolibrary.org<br>dwink@slcolibrary.org | 801-948-7836                 |
| 2/28/2019  | Capitol Theatre<br>50 W 200 S<br>Salt Lake City, UT 84101  | Lisa Hoyt<br>Krystal Cardenas      | Lhoyt@slco.org<br>kcardenas@slco.org            | 385-468-1032<br>385-468-1014 |
| 2/28/2019  | Southeast Public Health Center<br>9340 S 700 E<br>Sandy, UT 84107                                | Juanita Gonzalez<br>Launa Carrillo | JUGonzalez@slco.org<br>LCarrillo@slco.org       | 385-468-4340                 |