

# MARCH

*Into*

# MAY

WEEK 3 NEWSLETTER



As Salt Lake County, we walked 19,530,657 steps! That is a total of 13,272 miles so far! Wahoo!

This week we walked to Venezuela and back 2 times! With the lush wildlife and breathtaking beaches, you'll be craving a long trip in this dazzling country!

**DISCOVER MORE ABOUT VENEZUELA [HERE!](#)**

**CHECK OUT THE [LEADER-BOARD](#) TO SEE WHAT TEAMS YOU'RE UP AGAINST**



## *Tips*

- Spruce up your routine by speed walking! Find a coworker and race them the next time you go for a stroll.
- Need more stimulating sounds on your walk? Click **HERE** for fun podcasts!

*Happy Stepping!*

**FRIDAY, APRIL 26TH  
EARN 25 POINTS!**



**VIRIDIAN CENTER**

**Click [HERE](#) for training ideas!**

**Click [HERE](#) to register!**

