

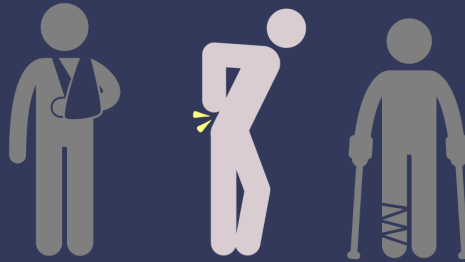
# EXPERIENCING BACK PAIN?



**SALT LAKE RISK MANAGEMENT** has teamed up with **WORKSITE HEALTH & WELLNESS PHYSICAL THERAPY** to train SLCo Employees about work place safety & injury prevention.



Sprains and strains are the **#1** most frequent injury among County employees



**ATTEND A CLASS  
WIN A PRIZE!**

## SIGN UP FOR A FREE CLASS!

**JUNE 15 @ THE GOVERNMENT CENTER S1-120**

- 9:30 am** Exercise & Ergonomics for Office Employees
- 10:30 am** Preventing Injuries of the Back and Neck
- 11:30 am** Managing Lower Back Pain
- 12:00 pm** Ergonomics & Personal Prevention for Managing Back Pain - Q&A with County Employees
- 1:00 pm** Exercise & Ergonomics for Office Employees

**REGISTER TODAY BY CALLING CYNTHIA CARRINGTON  
@ (385) 468-0576**