



WALKING WEDNESDAYS

-MAY SCHEDULE-

MAY 1- 15 MINUTE WALK

MAY 8- NO WALK

MAY 15- 15 MINUTE WALK

MAY 22- 15 MINUTE WALK

MAY 29- 15 MINUTE WALK

Join Healthy Lifestyles every Wednesday
at 3:00 PM on the 3rd floor Sky Bridge for a
15-minute walk around the Government Center!

